

SNACKS & SHAREABLES

Garlic Bread V Add bacon and cheese + 4	11
Bowl of Chips GF Choice of aioli (v) or gravy	11
Sweet Potato Fries V GF Guacamole, pistachio dukkah	13
Mozzarella Pull Apart V Fresh baked dough, chilli, honey, rosemary, tomato relish	19
Philly Cheesesteak Spring Rolls (4) Braised brisket, onions, peppers, mozzarella, American cheddar dipping sauce	20
Pork Belly Bites GF Fried pork belly, spiced BBQ sauce, crispy shallots, green onions	22
Chicken Tenders GF Honey soy & garlic, shallots, sesame	21
Fried Camembert Berry chutney, raspberry vinaigrette	21
Prawn Tacos (2) Australian prawns, chilli, Asian slaw, grilled pineapple salsa, ranch dressing	19
Chicken Tacos (2) Shredded Portuguese chicken, slaw, pico de gallo, smoked yoghurt	18

PIZZA

Naturally fermented, hand stretched dough Gluten free Base +4 Vegan Mozzarella available +2	
Margherita V Tomato, basil pesto, fior di latte, Napoli, mozzarella	23
Tropical Ham, pineapple, Napoli, mozzarella	24
Roast Pumpkin V Sumac spiced pumpkin, balsamic onions, goats curd, spinach, Napoli, mozzarella	23
Portuguese Chicken Shredded chicken, peppers, red onion, spiced BBQ sauce, mozzarella	25
Middle Eastern Lamb Minced lamb, tomatoes, onions, red pepper paste, fetta, mint, parsley, sumac yoghurt, lemon	26

SANDBAR

SURFERS PARADISE

Available From 11.30am

BEACH CLASSICS

Chicken Schnitzel House salad, chips, lemon, gravy	26
Chicken Parmy Ham, Napoli, mozzarella, house salad, chips	30
Surfers Parmy Australian prawns, garlic cream, mozzarella, cherry tomatoes, house salad, chips	36
Pumpkin Gnocchi V Sumac spiced pumpkin, caramelised onions, smoked pumpkin puree, spinach, fried sage, parmesan	24
Pork Loin GF Chimichurri marinated, mashed potato, caramelised apple, charred broccolini, apple cider jus	32

GRILL

Grain fed, Angus, marble score 2+, South East QLD	
Served with chips & salad or mashed potato & vegetables. Choice of gravy, mushroom or pepper sauces	
Rump 250g GF	34
Sirloin 300g GF	47
Rib Fillet 300g GF	53
Add Ons GF	
Grilled prawns (4)	12
Salt & pepper squid	8
Surf & turf: garlic cream prawns (3) + salt & pepper squid (3)	15

SALADS

Salmon Poke Bowl Marinated salmon, seasonal leaves, avocado, edamame, wakame, pickled ginger, cucumber ribbons, radish, cherry tomatoes, wild rice, roasted sesame dressing	24
Haloumi Salad V GF Fried kale, pickled onion, orange, pomegranate, radish, pepita seed crunch, lime dressing	19
Superfood Salad VGN GF Quinoa, pomegranate, almond, maple carrots, corn, green beans, lemon dressing	18
Feel Good Bowl V Sweet potato, cabbage, quinoa, spiced chickpeas, corn, pickled onions, shallots, pico de galo, avocado crema, house dressing	18
Toppers	
Grilled prawns (4) GF	12
Grilled chicken GF	8
Plant based "chook free" schnitzel VGN	10
Salt & pepper squid GF	8

KIDS MENU

ALL \$12	Includes your choice of soft drink
Dinosaur Pizza	Ham, pineapple, Napoli, mozzarella, dino pizza base, chips, tomato sauce
Battered Fish	Chips, tomato sauce
Chicken Nuggets	Chips, tomato sauce
Cheeseburger	Chips, tomato sauce
Kids Pasta V	Spaghetti, Napoli, mozzarella, garlic bread

DESSERTS

Chocolate Fudge Cake Chocolate fudge sauce, hokey pokey ice cream	15
Sticky Date Pudding Salted caramel sauce, vanilla bean ice cream	15
Strawberry & White Chocolate Cheesecake Berry coulis, fresh berries	16
Cookies & Cream Cheesecake GF Chocolate fudge sauce, Vanilla bean ice cream	16

BURGERS & SANDWICHES

All served with chips & aioli. Gluten free bun available +3

Sandbar Cheeseburger Angus beef patty, American cheddar, mozzarella cheese katsu, burger sauce, pickles, seeded milk bun	24
Chicken Burger Korean fried thigh, Asian slaw, pickled cucumber, sriracha mayo, seeded milk bun	24
Barra Burger Australian salt water barramundi, house crumbed, shredded lettuce, tartare salsa, coriander mayo, seeded milk bun	26
Steak Sandwich Angus rump, lettuce, tomato, grilled onions, cheddar, BBQ sauce, toasted panini	25
Plant Based Burger V Southern fried "chook free", chipotle mayo, iceberg lettuce, tomato, seeded milk bun	22
Beach Burger Angus beef patty, American cheddar, iceberg lettuce, tomato, beetroot, grilled pineapple, seeded milk bun	25
Breakfast Panini Maple bacon, fried eggs, chilli jam, cheddar cheese, BBQ sauce	23
Rueben Panini Pastrami, sauerkraut, Swiss cheese, Russian Dressing, pickles	24

SEAFOOD

Salt & Pepper Squid GF House salad, chips, lemon, aioli	Sm 20 Lrg 26
Pot of Mussels 500g, served with charred bread Choice of: White wine cream, soft herbs, garlic Marinara, tomatoes, confit garlic, chilli	24
Grilled Australian Salmon GF Crispy potatoes, balsamic onion, cherry tomato, romesco, basil oil	39
Spaghetti Marinara Market fish, calamari, prawns, mussels, Napoli sauce, confit garlic, spinach	34
Seafood Paradise Beer battered fish, grilled prawns, salt & pepper squid, crumbed scallops, house salad, chips, lemon, tartare	39
Battered Fish & Chips Sustainable hake, house salad, tartare	26

BREAKFAST MENU

Serving Until 11am

Funky Açai VGN GF

Açai base, stewed raspberries, banana, nut granola, chia coconut yoghurt, maple lime syrup, seasonal berries, toasted coconut flakes

Add peanut butter +2

Add raw cacao +3

Breakfast Roll

Australian bacon, fried egg, tasty cheese, chipotle BBQ sauce

Fried Chicken

Toasted milk loaf, karaage fried chicken, poached egg, chipotle hollandaise, chorizo crumb, crispy kale

B.L.A.T.

Smashed avocado, Australian bacon, shredded iceberg lettuce, sliced tomato, tasty cheese, aioli, hash browns, toasted panini

French Berry Croissant V

Pistachio cream, raspberry compote, maple syrup, crushed pistachio, French toast style croissant

Passionfruit Cheesecake Pancakes V

Passionfruit curd, vanilla cream cheese, biscuit crumb, white chocolate, passionfruit coulis, whipped cream

UPGRADES GF

Grilled Halloumi

Australian Bacon

Roasted Button Mushrooms

Sliced Avocado

19

Chilli Eggs V

Harissa fried eggs, garlic flatbread, goats curd, grilled halloumi, dukkah, chilli honey

Avocado on Toast V

Smashed avocado, cherry tomatoes, fetta cheese, roasted pumpkin seeds, roquette leaves, citrus dressing, toasted sourdough

14

Bacon Benedict

Australian bacon, poached eggs, toasted English muffin, spinach, hollandaise

26

Zucchini & Corn Fritters V

Whipped fetta, smashed avocado, lime & chilli crema, roasted balsamic onions, cherry tomatoes, citrus dressing, za'atar spice

18

Baked Omelette V

Fetta cheese, spinach, sundried tomato, olives, toasted sourdough, romesco sauce, citrus roquette

22

Beachside Big Breakfast

Eggs your way, Australian bacon, grilled tomato, mushrooms, pork sausage, hash brown, sourdough toast, tomato relish

22

Sandbar Way V

Eggs your way, toasted sourdough, tomato relish

22

Hash Browns (2)

Eggs (2) poached, fried or scrambled

6

Pork Sausage

6

Roasted Tomatoes (2)

6

Smoked Salmon

4

Grilled Cheese Toastie V

White bread, mozzarella cheese, cheddar cheese, hash brown

Scrambled Eggs V

Toast & hashbrown

Pancakes V

Maple syrup, whipped cream, strawberries

24

19

21

21

22

28

15

4

4

5

4

7

COFFEE

	S	L
Espresso		4.9
Piccolo		4.9
Long Black	5.4	5.9
Flat White	5.4	5.9
Cappuccino	5.4	5.9
Latte	5.4	5.9
Mocha	5.4	5.9
Hot Chocolate	5.4	5.9
Chai Latte	5.4	5.9
Dirty Chai Latte	5.9	6.4
Affogato		6.4
Babychino		2

TEA

English Breakfast	4.9
Earl Grey	4.9
Green Tea	4.9

SHAKES

Milkshake	9
Chocolate, Vanilla, Strawberry or Caramel	
Thickshake	11
Chocolate, Vanilla, Strawberry or Caramel with ice-cream	

CHILLED COFFEE

Iced Long Black	6.9
Iced Latte	7.4
Iced Chocolate	7.4
Iced Mocha	7.4
Iced Chai	7.4
Iced Coffee	7.4
Alternative Milks	+1
Almond, Soy, Oat, Lactose Free	
Flavourings	+0.50
Caramel, Vanilla, Hazelnut, White Choc	

SMOOTHIES

Bahama Banana	12
Banana, honey, cinnamon, milk	
Beachy Bang	12
Strawberries, blueberries, raspberries, apple juice, strawberry yoghurt	
Aloha	12
Mango, pineapple, banana, passionfruit pulp, coconut water	

COLD PRESSED JUICE

Witty	10
100% pure orange	
Creative	10
Pineapple, celery, cucumber, lemon, apple, ginger	
Kind	10
Watermelon, rockmelon, pineapple	

MADE BY XPRESSED

LIL NIPPERS

ALL \$12

V VEGETARIAN | VGN VEGAN | GF GLUTEN FREE

1% Surcharge on all cards | 10% Wage loading surcharge on Sundays | 15% Surcharge on public holidays

Dietary Notice: We care about your needs. Kindly inform us of any dietary requirements, and we will strive to accommodate them to the best of our ability. Your satisfaction is our priority.